The Best Inspirational Quotes for Motivating Your Volleyball Team

Favorite 25 Quotes…

#25…
"There's always the motivation of wanting to win. Everybody has that. But a champion needs, in his attitude, a motivation above and beyond winning." – Pat Riley

#24…
"I've never been afraid to fail." – Michael Jordan
#23...
"If you can believe it, the mind can achieve it" – Ronnie Lott

#22...
“If you believe you can, you probably can. If you believe you won't, you most assuredly won't.” – Dennis Waitley

#21...
"When you are passionate, you always have your destination in sight and you are not distracted by obstacles. Because you love what you are pursuing, things like rejection and setbacks will not hinder you in your pursuit. You believe that nothing can stop you!" – Mike Krzyzewski
#20...
"I am the greatest, I said that even before I knew I was." – Muhammad Ali

#19...
"It's lack of faith that makes people afraid of meeting challenges, and I believed in myself." – Muhammad Ali

#18...
"How to succeed? Try hard enough." – Malcolm Forbes
#17...
"I figured that if I said it enough, I would convince the world that I really was the greatest." – Muhammad Ali

#16...
"Physically I'm not as strong as I was, but I try to make up for it mentally. It's a big challenge, and I relish it, competing with guys half my age." – Karch Kiraly

#15...
"Every game is an opportunity to measure yourself against your own potential." – Bud Wilkinson
#14...
"I've worked too hard and too long to let anything stand in the way of my goals. I will not let my teammates down and I will not let myself down." – Mia Hamm

#13...

"Anyone can support a team that is winning - it takes no courage. But to stand behind a team to defend a team when it is down and really needs you, that takes a lot of courage." – Bart Starr
#12...

"Champions keep playing until they get it right." – Billie Jean King

#11...

"Everyone talks about age, but it's not about age. It's about work ethic. Winning never gets old." – Lisa Leslie

#10...

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime." – Babe Ruth
#9...
"Good teams become great ones when the members trust each other enough to surrender the ‘me’ for the ‘we.’"
– Phil Jackson

#8...
When asked how he prepared to win Olympic gold:
“I never did. I only prepared to win the next day.” – Karch Kiraly

#7...
"It's not bragging if you can back it up." – Muhammad Ali
#6...
Good, better, best. Never let it rest. Until your good is better and your better is best. – Tim Duncan

#5...
"He's the greatest. We'll probably never see another Karch. For me, it's like playing alongside Michael Jordan. I'm still the 14-year-old kid with his poster on my wall." – Partner and Two-time Olympian Mike Lambert

#4...
"Karch inspired his partners, his opponents and the world of volleyball players to be better than they were, to be great... In the end, who could do more for a sport than that?" – Mike Dodd
#3...
"It's hard to be humble, when you're as great as I am." – Muhammad Ali

#2...
Pressure is something that you feel only when you don’t know what you’re doing.” – Chuck Noll, Pittsburg Steelers

#1...
“The best athletes are those that play for themselves to meet their pre-established standards and to justify what they believe is possible.” – Pete Siegel
Do You Have The Latest Cutting-Edge Volleyball Strength Program?

- **get strong and athletic** without relying on great genetics and athletic talent...

- **improve first step quickness and stability** that is so important for getting in position to make plays in volleyball…

- **develop hamstring and deceleration strength** so many volleyball players LACK and is ABSOLUTELY CRUCIAL to help prevent ACL and other volleyball related knee injuries…

- **work your neurological system** WAKING UP SLEEPING MUSCLES and training your body to **approach faster and jump higher**…

- **master CUTTING-EDGE techniques** that work the **scapula stabilizers**... **key muscles to developing healthy shoulders**…

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